

SEPTEMBER | 2023

Lenawee Department on Aging



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 Gyro Sandwich Yellow Squash Greek Pasta Salad Cherry/Lemon Slushy	29 Meatloaf Mashed Potatoes w/Gravy Wax Beans Grapes	30 Chicken Chucks Tater Tots Capri Blend Vegetable Pineapple	31 French Toast Bake Stewed Tomatoes Cottage Cheese w/Peaches	1 Chili Dogs Baked Beans Coleslaw Fresh Sliced Apples
4 CLOSED IN OBSERVANCE OF LABOR DAY	5 Pork Patty w/Gravy Cheesy Potatoes Spinach Mixed Fruit	6 Philly Steak Sloppy Joe Beets Three Bean Salad Prune Juice	7 Baked Chicken Rissolle Potatoes Baked Squash Tropical Fruit	8 Club Sandwich Salad Rotini Salad Bread Stick Watermelon
11 Lasagna California Blend Vegetable Garlic Bread Raisins	12 Almandine Fish Garden Rice Mixed Vegetable Cherry Yogurt	13 Ham and Swiss Croissant w/Lettuce and Tomato Cucumber Salad Raspberries	14 Chicken Parmesan Whole Grain Spaghetti Prince Charles Vegetable Mango	15 Mushroom Steak Mashed Potatoes w/Gravy Zucchini Strawberry/Kiwi Sorbet
18 Stuffed Peppers Scalloped Potatoes Green Beans Mandarin Oranges	19 Chicken Cordon Bleu Casserole Kyoto Blend Vegetable Papaya and Pineapple	20 Beef Fajitas Mexican Rice Roasted Corn Pears	21 Biscuits & Gravy Bacon Asparagus Strawberry/Banana Yogurt	22 Tater Tot Casserole Carrots Side Salad Cinnamon Applesauce
25 Chicken Chow Mein Broccoli Fortune Cookie Grapes	26 Pulled Pork Sandwich Sweet Potato Puffs Scandinavian Blend Vegetable Mandarin Orange Jell-O	27 Potato Crusted Tilapia Rice Pilaf Midori Blend Vegetable Blue Raspberry/Lemon Slushy	28 Beef Stroganoff Brussel Sprouts Grain Bread Papaya and Mango	29 CLOSED DEPARTMENT ON AGING ALL STAFF INSERVICE

Suggested Donation is \$3.00 for anyone age 60 and older. \$4.00 for those under age 60 who participate in site meals

To cancel meals or make changes to your Home Delivered Meal pattern please call 264-5280. Please call at least 24 hours in advance when you will not be home to accept your meal.

Milk is served with meal.

Menu subject to change due to product availability.

To reach the Department on Aging office please call 264-5280

Certified by:

DAC Chapel, RDW, COLES